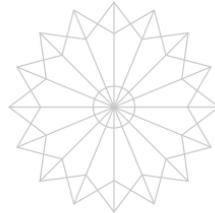


# *Mind, Body, Spirit*

In our pursuit of wellness, The Spa at Rancharra was created to embrace the mind-body-spirit connection by providing life enriching therapies and treatments customized to meet the needs of each member and guest. We welcome each individual in a collaborative effort to improve physical, mental, and spiritual well-being through the therapies and treatments we offer. The Spa invites you to escape the everyday and pamper yourself.





# *Enriching Therapies*

The Spa at Rancharra was created to provide enriching treatments including a series of massage therapies, facial therapies and treatment enhancements. We commit to using clean and therapeutic grade products, sustainably harvested whenever possible.





## MASSAGE THERAPIES

60, 75, 90 or 120 minutes

### RANCHARRAH SIGNATURE | Dry Brush & Aromatherapy

Enjoy a gentle, full body dry brush exfoliation, followed by the application of our exclusive custom blended Rancharrah massage oil. This medium pressure massage relieves tension, stimulates lymphatic drainage, and improves circulation. An organic herbal bouquet recalls the purity of high desert and promotes a deep and profound sense of healing.

### HIGH DESERT | Sports & Deep Tissue

A highly effective massage designed to alleviate deep-seated tension and muscular stress. Specialized techniques concentrate on specific areas of concern and address common discomforts such as stiff neck, lower back pain, and sore, tight shoulders.

### RIVER STONE | Healing Heat

Combining the healing and grounding effects of hot stones with the power of botanicals, this treatment calms the mind as it makes muscles more limber and open to massage with antioxidant packed essential oils.

### SIERRA SOLACE | Swedish

Utilizing a unique blend of aromatics, this full-body massage uses long, soothing strokes to promote relaxation, increase immune function and circulation. An application of warm compresses melt-away and relieve muscle tension.

### MOTHER-TO-BE

A blend of organic oils is applied to nourish your skin while helping reduce the appearance of stretch marks. Relax and release your tired muscles as a light blend of citrus, rosewood and sandalwood uplifts you. Soothe your mind while you bring your body and baby into peaceful bliss.

## HEAL ME MASSAGE

Relieve pain and soreness while getting a boost of wellness with a full spectrum hemp-derived CBD oil. The analgesic and anti-inflammatory properties of CBD are further enhanced with essential oils and reparative arnica.

**FOCUS** | Express target treatment | 30 or 45 minutes

Ease tense, aching areas with this targeted treatment. Your therapist will skillfully select the most suitable massage techniques and oils where needed.

**LYMPHATIC DRAINAGE MASSAGE** | Advanced Reservation Only

This specific treatment is not a full body massage. Lymphatic drainage is a very therapeutic practice using light pressure, long and rhythmic strokes to increase the flow of lymph and reduce toxins in the body.



## FACIAL THERAPIES

60, 75 or 90 min

### RANCHARRAH SIGNATURE FACIAL

Our signature facial is packed with the best ingredients and customized to meet your needs. One of a kind and perfectly tailored for your skin, no labels here – just results and pure bliss. Choose a specific area of focus – firming, brightening, detoxifying, hydrating, or calming.

### TIMELESS FACIAL EXPERIENCE

Experience unparalleled results using a combination of proteins and B vitamins to activate vital energy necessary for healthy cellular function, dramatically enhancing the appearance of skin tone and texture. An advanced enzymatic peel is coupled with layers of skin-tightening masks, which are systematically applied to mimic an aerobic, toning exercise for the face, visually improving muscle tone, firmness, and elasticity.

### LAUREL SUN GODDESS FACIAL | Hyperpigmentation

Repair and defend your skin from the damaging effects of the sun with this treatment featuring whole organic, impeccably sourced plants. This treatment offers deep botanical nourishment to support the skins natural ability to heal itself from sun damage. Artisan farmed plants like Vitamin C, Camu Camu, Rosehip, and restorative Calendula effortlessly combine purity and efficacy.

### RADIANT LIGHT FACIAL | Brightening

Experience the vibrancy of plant science and bring out your natural glow. The brightening effects of Acai, Noni, and Spirulina are just a few of the superfood quality ingredients utilized in this treatment for the most potent results. Acting as a rejuvenating boost for all skin types, this facial is rich in whole plant vitamins, minerals and antioxidants to leave the skin vibrant and full of life.

## DEEP TRANQUILITY | Sensitive

Unburden your skin of inflammation, redness and environmental damage while immersing your senses in a truly restorative treatment. Ideal for a wide range of sensitivities, this treatment uses whole plant nutrition to deeply hydrate, soothe and give your skin the relief it needs.

## GENTLEMAN'S FACIAL

Clear, cool, and balance the complexion with this refining facial. Whatever your skincare needs, naturally advanced products and tailored facial massage will hydrate, calm, and reawaken the skin. A clarifying scrub clears congested pores before a specialized masque draws out impurities, leaving your skin refreshed.

## RANCHARRAH EXPRESS FACIAL | 30 min

When time is of the essence treat yourself to this fast and fabulous facial. This express treatment will cleanse, tone, masque, and massage you into a peaceful state of mind. Please note - extractions are not included.

*60 and 75 min facials include a hand paraffin alternative treatment*

*90 minute facial includes hand & foot paraffin alternative treatment*



## SPECIALTY FACIAL THERAPIES

### SIGNATURE HYDRAFACIAL | 60 min

This treatment deeply cleanses, exfoliates, extracts and hydrates the skin using super serums filled with antioxidants, peptides and hyaluronic acid. \*no boosters\*

### DELUXE HYDRAFACIAL | 90 min

An invigorating treatment that includes all of the essentials of the signature while addressing your specific skin care concern with a booster of choice. This treatment includes a scalp and hand massage with paraffin alternative. LED light therapy will conclude this beautiful treatment to further reduce the visible signs of aging.

### PLATINUM HYDRAFACIAL | 90 min

The ultimate hydrafacial experience! Begin with Dermaflash which removes skin cells, dull built-up debris and peach fuzz. Deeply cleanses, exfoliates, extracts and hydrates the skin while addressing your specific skin care concern with a booster of choice. LED light therapy will combat and further reduce visible signs of aging. Includes a hand, foot, and scalp massage with paraffin alternative.

## AMPOULE BOOSTERS

*Choose one of these ampoule boosters in the 75 or 90 min Hydrafacial treatment.*

### HYDROPEPTIDE | Age Refinement

A combination of eight unique peptides designed to target the skin's collagen and elastin, diminish the look of fine lines and wrinkles, visibly plumping the skin.

### REGEN GF | Firming and Restorative

Minimizes the appearance of fine lines and wrinkles to restore skin health, texture and elasticity. Mimics growth factors to improve collagen and elastin production.

### BRITENOL | Radiance

Brightens and balances skin tone while minimizing the appearance of dark spots and sun spots.

## HYDRAFACIAL ADD-ONS

### EYE PERK

Brightens, tones and firms the outer eye, improves skin hydration, gently removes surface layer dead skin cells.

### LIP PERK

Gently exfoliates to smooth, lightly plumps and intensely hydrates lips.

### NECK & DÉCOLLETÉ

Extend the benefits of the Hydrafacial to the neck and chest areas. Deeply cleanse, exfoliate, extract and hydrate the skin.

### LYMPHATIC DRAINAGE | Face Only

Optimize skin health by encouraging detoxification through lymphatic therapy. Skin will feel radiant from the inside-out.



## TREATMENT ENHANCEMENTS

### CELLUMA LIGHT THERAPY

Cleared by the FDA for pain management and skin care, Celluma uses light energy to improve cellular health by accelerating the repair and replenishment of compromised tissue cells.

### NOURISHING SCALP TREATMENT

For mental clarity and relaxation, this infusion of essential oils improves the condition of your scalp and the quality of your hair. An invigorating scalp massage and hot towel wrap will leave you in a state of bliss.

### REPLENISHING EYE TREATMENT

Gift your eyes with an ultra moisturizing application of anti-inflammatory eye serum featuring rose oil and colostrum cream. A cool compress reduces puffiness and slack skin.

### DERMAFLASH

Remove vellus hairs and deeply exfoliate with skin-safe razor technology.

### PARAFFIN ALTERNATIVE ADD-ON

Delight in the hydrating and soothing effects of a hand or foot paraffin alternative with any Rancharrah Spa treatment.

### RENEWAL FOOT TREATMENT

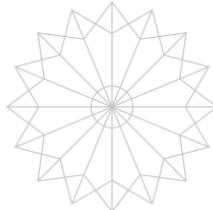
Relieve and renew tired feet with a gentle exfoliation followed by a relaxing massage and healing foot balm.

### CBD ADD-ON

A perfect complement to any massage session- ease muscle tension, reduce inflammation and relieve pain. Revel in a deeper state of relaxation and rejuvenate your body.







# *Unparalleled Quality*

Partners of The Spa at Rancharrah search the globe looking for ingredients that are of unparalleled quality. Most often, those ingredients come from small farms and collectives of farmers that grow and distill plants on their own land. Not only does their artisanal approach produce the best products, it provides a lifeline to small farms and keeps land in the hands of those who act as true protectors of the planet. Each product has been intentionally selected with our high-desert locale in mind to heal, nourish and hydrate.



## LAUREL SKIN

The Laurel line is a ritualistic range of flower and herb-based skincare, formulated with impeccably sourced, highly vibrant whole plants picked at their peak for unmatched transparency, purity and results. A commitment to only 100% organic, raw, unrefined plant materials guarantees unparalleled freshness and efficacy. Contains hundreds of antioxidants, vitamins and nutrients.

## EPICUREN DISCOVERY

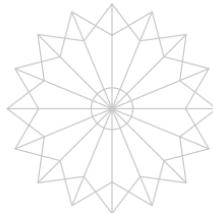
Epicuren Discovery aims to harness the restorative and enriching properties of natural ingredients, while still delivering effective, high-quality skin care solutions. The history of Epicuren skin care products is derived from pharmaceutical enzyme research performed for decades on severely damaged skin ranging from sun damage, burn victims, to other environmental and toxic exposures. The protein enzyme formulas encourage healing and assist in the appearance of more youthful skin.

## BODY BLISS

Body Bliss products are formulated with the purest, most efficacious ingredients using exquisite essential oils sourced from boutique and organic farms around the globe. Each oil blend is designed to capture the heart...and while we all know that scent is such a personal experience, you are sure to find the perfect match here.







# *Pure Bliss*

Our nail salon offers a variety of 'Be Beautiful' services that focus on the rituals of self-care. Whether you are seeking to relieve tired feet or getting ready to enjoy a night out, our nail technicians will customize a treatment with your needs in mind. Indulge in one of our signature manicure or pedicure services and create a "slow moment" within the day to practice the kind of meaningful self-care and wellness that makes you glow. When practiced over time, these rituals add up to manifest results – not only feeling healthier and more joyful, but in realizing true beauty and timeless aging.



## BE BEAUTIFUL SERVICES

### DERMAFLASH

Remove vellus hairs and deeply exfoliate with skin-safe razor technology.

### EYELASH OR BROW TINT

Semi-permanent dye application to eyebrows or eyelashes help to define and contour your look and add a pop of color that lasts up to 3 weeks. Maintenance free color, giving you fuller features that make it easy to go makeup-free more often.

### FULL SET LASH EXTENSIONS

Individual synthetic fibers made to replicate a natural eyelash. When applied, eyelash extensions give the illusion of a lengthened and thickened natural lash.

### WAXING

- Eyebrow Design
- Upper Lip
- Chin / Face
- Underarms
- Full Arms
- Back or Chest
- Lower or Upper Legs
- Full Legs
- Bikini Line

## NAIL THERAPIES

### EXPRESS MANICURE | 30 min

During this dry manicure, nails are shaped, buffed, and polished for beauty on-the-go.

### EXPRESS PEDICURE | 45 min

Relax in comfort with an aromatic soak followed by a quick clean up of the soles and heels, basic cuticle care, nail grooming and moisturizer. Finished with a polish of choice or buff to a natural gloss.

### SHELLAC MANICURE | 50 min

Half polish and half gel, Shellac combines the easiness of polish with the durability of gel. Shellac application and curing allows polish to last up to twelve days with no-chip wear.

### SHELLAC PEDICURE | 55 min

This pedicure combines complete toenail maintenance and callus care with your choice of Shellac polish.

### SHELLAC REMOVAL

Stay with us for an extra 20 minutes and remove old shellac with care and nourishment for your nails.

### RANCHARRAH SIGNATURE MANICURE | 45 min

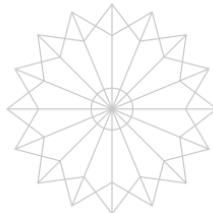
This ritual begins with a purifying exfoliation followed by a soaking experience to cleanse away tension and stress. Choose between a moisture-rich or detoxifying masque to meet your specific needs. Signature massage relaxes the hands, nails are finely groomed and perfectly polished.

### RANCHARRAH SIGNATURE PEDICURE | 55 min

Relax, rejuvenate, and refresh your feet with this luxurious experience. Enjoy a mineral rich soak, hydrating masque, and lower leg and foot massage. Nails are groomed and choice of polish is applied.



SPARITUAL



# *Youth Spa Therapies*

Extend the gift of wellness to your kids and teenagers, and enjoy an experience together. The Spa and Nail Salon at Rancharra offer a variety of express treatments designed for youth. Build a habit of wellness early on, and watch confidence and happiness flourish for years to come.



## YOUTH SPA THERAPIES

*Specifically tailored for those 16 and under*

### YOUTH FACIAL | 30 min

An excellent and informative introduction to skin wellness. This facial includes cleansing, customized masque, toning, and moisturizing.

### YOUTH MASSAGE | 30 min

Designed for a quiet moment allowing your child to relax and be still as our expertly trained therapists help release sore muscles from sports and school backpacks.

### YOUTH PEDICURE | 20 min

Treat your little one to a relaxing pedicure with a buff, foot massage, and polish application.

### YOUTH MANICURE | 20 min

Enjoy a quick buff with cuticle care, hand massage and polish application.

## EXPERIENCES

*Come for a duet of treatments and stay for the day*

### RANCHARRAH RELAX | 120 min

Sometimes all you need is a couple of hours away to recharge. Indulge in an experience that bring together the key elements of face and body as one. Enjoy a 60-minute signature facial and 60-minute signature massage by our expertly trained therapists. Make it a day to remember.

### MOUNTAIN ESCAPE | 170 min

For a luxurious day of pampering, this experience includes a 60-minute High Desert Massage, 60-minute Timeless Facial, and Rancharraah Signature Pedicure. The ultimate gift for the spa aficionado.



## THE BOUTIQUE

The Boutique at Rancharra offers a variety of curated retail items including top-tier spa and sport apparel, hand-made jewelry, and our favorite skin care products that encourage continued self-care beyond your time at the Spa.

## GREEN SPA NETWORK

We are proud to partner with Green Spa Network in efforts to promote the fundamental connections between personal well-being, economic sustainability, and the health of our planet. GSN supports a community of individuals and organizations who take action to adopt practices that support a triple bottom line that is financially viable, socially responsible and ecologically regenerative. We believe that our actions create a ripple effect throughout our communities, and we can create a positive impact by building a community of engaged and aware members.



# SPA ETIQUETTE

## ARRIVAL

Please arrive thirty minutes prior to the start of your treatment experience. For maximum treatment preparation, we recommend you arrive an hour early.

## AGE

To maintain the serene and balanced environment of our wellness facilities, guests must be 16 years or older or accompanied by an adult.

## ATTIRE

For your comfort, robes and slippers are available for you during your wellness experience. A day use locker is available to lock away all personal belongings.

## TECHNOLOGY

The Spa at Rancharra is a technology-free environment. To protect the privacy of our members and to preserve the spa experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones must be turned off.

## PERSONAL BELONGINGS

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave valuables at home.

## CANCELLATION POLICY

To cancel a spa reservation, contact the spa at least 24 hours in advance of your scheduled treatment time. No-shows and cancellations made with less than 24-hours notice will be charged in full for the scheduled treatments.

## HEALTH

A consultation is provided prior to your treatments to inform our spa professionals of any health concerns or current ailments you may be experiencing. We kindly request that you get prior doctor's approval before booking any of our fitness services.

## GIFT CERTIFICATES

Perfect for any occasion, please ask about our gift certificate options.



# PRICE LIST

## Massage Therapies

	MEMBER	GUEST
30 minutes	80	85
45 minutes	95	100
60 minutes	135	145
75 minutes	150	160
90 minutes	165	175
120 minutes	225	235

## Facial Therapies

	MEMBER	GUEST
30 minutes	75	80
45 minutes	90	95
60 minutes	130	140
75 minutes	145	155
90 minutes	160	170

60 and 75 minute facials include a hand paraffin treatment

90 minute facials include hand & foot paraffin treatment

## Specialty Skin Therapies

	MEMBER	GUEST
Signature Hydrafacial	195	205
Deluxe Hydrafacial	260	270
Platinum Hydrafacial	310	320
Neck & Decollete Add On	80	90
Lymphatic Drainage Add On	75	85
Beta Add On	30	40
Dermaflash	30	35

## Treatment Enhancements

	MEMBER	GUEST
Nourishing Scalp Treatment	20	25
Replenishing Eye Treat	15	20
Paraffin Alternative Add On	15	20
Renewal Foot Treatment	20	25
CBD Add On	10	15
Celluma Light Therapy	30	35

## *Be Beautiful Services*

### **WAXING**

	MEMBER	GUEST
Eyebrow Design	20	25
Upper Lip	20	25
Chin/Face	25	30
Underarms	30	35
Arms	35	40
Back or chest	55	60
Lower or Upper Legs	60	65
Full Legs	75	80
Bikini Line	40	45
Brow or Lash Tint	27	30

## *Experiences*

	MEMBER	GUEST
Rancharra Relax	235	245
Mountain Escape	295	305

## *Nail Therapies*

	MEMBER	GUEST
Signature Manicure	55	65
Signature Pedicure	65	75
Express Manicure	35	45
Express Pedicure	45	55
Shellac Manicure	50	60
Shellac Pedicure	60	70
Shellac Add/Removal	10	15
Full Set Gel	85	95
Gel Fill	65	75
Polish Change	15	20
French Polish	10	15
Acrylic/Dip Removal	40	50
Nail Repair	5	7
Nail Art	3	5

## *Youth Services*

	MEMBER	GUEST
Youth Facial	70	75
Youth Massage	75	80
Youth Pedicure	30	35
Youth Manicure	25	30



The Club at Rancharrah | 6100 Rancharrah Pkwy. | Reno, NV 89511 | 775.384.0333