



TR *The Spa*
AT RANCHARRAH

Health
is a state of body.

Wellness
is a state of being.







mind-body-spirit

In our pursuit of wellness, The Spa at Rancharrah was created to embrace the mind-body-spirit connection by providing life enriching therapies and treatments customized to meet the needs of each member and guest. We welcome each individual in a collaborative effort to improve physical, mental and spiritual well-being through the therapies and treatments we offer. Welcome to The Spa at Rancharrah. We invite you to escape the everyday and pamper yourself.





enriching therapies

The Spa at Rancharrah was created to provide enriching treatments including a series of massage therapies, facial therapies and treatment enhancements. We commit to using clean and therapeutic grade products, sustainably harvested whenever possible.

Massage Therapies | 60, 75, 90 or 120 minutes

Rancharrah Signature (Dry Brush & Aromatherapy)

A gentle, full-body, dry-brush exfoliation followed by the application of our exclusive custom blended Rancharrah massage oil. This medium pressure massage relieves tension, stimulates lymphatic drainage and improves circulation.

High Desert (Sports and Deep Tissue)

A highly effective massage designed to alleviate deep-seated tension and muscular stress. Specialized techniques concentrate on specific areas of concern and address common discomforts such as stiff neck, lower back pain and sore, tight shoulders.

River Stone (Healing Heat)

Combining the healing and grounding effects of hot stones with the power of botanicals, this treatment calms the mind as it makes muscles more limber and open to massage with antioxidant packed essential oils.

Sierra Solace (Swedish)

Utilizing a unique blend of aromatics, this full-body massage uses long, soothing strokes to promote relaxation, increase immune function and circulation.

Mother-To-Be | 60, 75, or 90 minutes

Relax and release your tired muscles as a light blend of citrus, rosewood and sandalwood oils uplifts you. Soothe your mind while you bring your body and baby into peaceful bliss.

Heal Me Massage

Relieve pain and soreness while getting a boost of wellness with a full spectrum, hemp-derived CBD oil. The analgesic and anti-inflammatory properties of CBD are further enhanced with essential oils and reparative arnica.

Focus | 30 or 45 minutes

Ease tense, aching areas with this targeted treatment. Your therapist will skillfully select the most suitable massage techniques and oils where needed.

Facial Therapies | 60, 75, or 90 minutes

Rancharrah Signature Facial

Customized to meet your needs, our signature facials are one of a kind and perfectly tailored for your skin. Choose a specific area of focus – firming, brightening, detoxifying, hydrating or calming.

Timeless Facial Experience | 90 minutes

Experience unparalleled results using a combination of proteins and B vitamins to activate vital energy necessary for healthy cellular function. An advanced enzymatic peel is coupled with layers of skin-tightening masques, which are systematically applied to mimic an aerobic, toning exercise for the face, visually improving muscle tone, firmness, and elasticity.

Renew Professional Peel

Turn back the hands of time with Epicuren's professional strength peel. Slow release exfoliating acids effectively remove lifeless cells, revealing new emerging skin allowing for proper absorption of oxygen and nutrients.

Laurel Sun Goddess Facial

Repair and defend your skin from the damaging effects of the sun. This treatment offers deep botanical nourishment to support the skin's natural ability to heal itself from sun damage.

Radiant Light

Experience the vibrancy of plant science and bring out your natural glow. Acting as a rejuvenating boost for all skin types, this facial is rich in whole plant vitamins, minerals and antioxidants to leave the skin vibrant and full of life.

Deep Tranquility (Sensitive Skin)

Unburden your skin of inflammation, redness and environmental damage while immersing your senses in a truly restorative treatment. Ideal for a wide range of sensitivities, this treatment uses whole plant nutrition to deeply hydrate, soothe and give your skin the relief it needs.

Facial Therapies Cont.

Gentleman's Facial

Clear, cool and balance the complexion with this refining facial. Whatever your skincare needs, naturally advanced products and tailored facial massage will hydrate, calm and reawaken the skin. A clarifying scrub clears congested pores before a specialized masque draws out impurities, leaving your skin refreshed.

Rancharrah Express Facial | 30 minutes

This express treatment will cleanse, tone, masque and massage you into a peaceful state of mind. Please note - extractions are not included.

Youth Spa Therapies

*specifically tailored for those 16 and under

Youth Facial | 30 minutes

An excellent and informative introduction to skin wellness. This facial includes cleansing, customized masque, toning and moisturizing.

Youth Massage | 30 minutes

Designed for a quiet moment, relax as our expertly trained therapists help release sore muscles from sports and school backpacks.

Youth Pedicure | 20 minutes

Treat your little one to a relaxing pedicure with a buff, foot massage and polish application.

Youth Manicure | 20 minutes

Enjoy a quick buff with cuticle care, hand massage and polish application.

Blissful Blends

Come for a duet of treatments and stay for the day.

Rancharrah Relax | 120 minutes

Indulge in an experience that bring together the key elements of face and body as one. Enjoy a 60-minute Signature Facial and 60-minute Signature Massage by our expertly trained therapists. Make it a day to remember.

Mountain Escape | 170 minutes

For a luxurious day of pampering, this experience includes a 60-minute High Desert Massage, 60-minute Signature Facial and Rancharrah Signature Pedicure. The ultimate gift for the spa aficionado.

Treatment Enhancements

Nourishing Scalp Treatment

For mental clarity and relaxation, this infusion of essential oils improves the condition of your scalp and the quality of your hair. An invigorating scalp massage and hot towel wrap will leave you in a state of bliss.

Replenishing Eye Treat

Gift your eyes with an ultra moisturizing application of anti-inflammatory eye serum featuring rose oil and colostrum cream. A cool compress reduces puffiness and slack skin.

Paraffin Alternative (add-on)

Delight in the hydrating and soothing effects of a hand or foot paraffin alternative with any Rancharrah spa treatment.

Renewal Foot Treatment

Relieve and renew tired feet with a gentle exfoliation followed by a relaxing massage and healing foot balm.

CBD (add-on)

A perfect complement to any massage session - ease muscle tension, reduce inflammation and relieve pain. Revel in a deeper state of relaxation and rejuvenate your body.





unparalleled quality

Partners of The Spa at Rancharrah search the globe looking for ingredients that are of unparalleled quality. Most often, those ingredients come from small farms and collectives of farmers that grow and distill plants on their own land. Not only does their artisanal approach produce the best products, it provides a lifeline to small farms and keeps land in the hands of those who act as true protectors of the planet. Each product has been intentionally selected with our high-desert locale in mind to heal, nourish and hydrate.

Laurel Skin

The Laurel line is a ritualistic range of flower and herb-based skincare, formulated with impeccably sourced, highly vibrant whole plants picked at their peak for unmatched transparency, purity and results. A commitment to only 100% organic, raw, unrefined plant materials guarantees unparalleled freshness and efficacy. Contains hundreds of antioxidants, vitamins and nutrients.

Epicuren Discovery

Epicuren Discovery aims to harness the restorative and enriching properties of natural ingredients, while still delivering effective, high-quality skin care solutions. The history of Epicuren skin care products is derived from pharmaceutical enzyme research performed for decades on severely damaged skin ranging from sun damage, burn victims, to other environmental and toxic exposures. The protein enzyme formulas encouraged healing and assist in the appearance of more youthful skin.

Body Bliss

Body Bliss products are formulated with the purest, most efficacious ingredients using exquisite essential oils sourced from boutique and organic farms around the globe. Each oil blend is designed to capture the heart...and while we all know that scent is such a personal experience, you are sure to find the perfect match here.





pure bliss

Our nail salon offers a variety of 'Be Beautiful' services that focus on the rituals of self-care. Whether you are seeking to relieve tired feet or getting ready to enjoy a night out, our nail technicians will customize a treatment with your needs in mind. Indulge in one of our signature manicure or pedicure services and create a "slow moment" within the day to practice the kind of meaningful self-care and wellness that makes you glow. When practiced over time, these rituals add up to manifest results - not only feeling healthier and more joyful, but in realizing true beauty and timeless aging.

Be Beautiful Services

Waxing

- Eyebrow Design
- Upper Lip
- Chin/Face
- Underarms
- Full Arms
- Back or Chest
- Lower or Upper Legs
- Full Legs
- Bikini Line

Nail Therapies

Express Manicure | 25 minutes

During this manicure, nails are shaped, buffed and polished for beauty on-the-go.

Express Pedicure | 30 minutes

Relax in comfort with an aromatic soak followed by a quick cleanup of the soles and heels, basic cuticle care, nail grooming and moisturizer. Finished with a polish of choice or buff to a natural gloss.

Shellac Manicure | 40 minutes

Half polish and half gel, shellac combines the easiness of polish with the durability of gel. Shellac application and curing allows polish to last up to twelve days with no-chip wear.

Shellac Removal

Stay with us for an extra 20 minutes and remove old shellac with care and nourishment for your nails.

Rancharrah Signature Manicure | 40 minutes

This ritual begins with a purifying exfoliation followed by a soaking experience to cleanse away tension and stress. Choose between a moisture-rich or detoxifying masque to meet your specific needs. Signature massage relaxes the hands, nails are finely groomed and perfectly polished.

Rancharrah Signature Pedicure | 50 minutes

Relax, rejuvenate and refresh your feet with this luxurious experience. Enjoy a mineral rich soak, hydrating masque and lower leg and foot massage. Nails are groomed and choice of polish is applied.



Spa Etiquette

Arrival

Please arrive thirty minutes prior to the start of your treatment experience. For maximum treatment preparation, we recommend you arrive an hour early.

Age

To maintain the serene and balanced environment of our wellness facilities, guests must be 16 years or older or accompanied by an adult.

Attire

For your comfort, robes and slippers are available for you during your wellness experience. A day use locker is available to lock away all personal belongings.

Technology

The Spa at Rancharra is a technology-free environment. To protect the privacy of our members and to preserve the spa experience, use of cell phones, electronic devices and cameras are prohibited in the spa. Cell phones must be turned off.

Personal Belongings

We cannot be responsible for any personal items and/or valuables brought into the spa or left in your locker. Please leave valuables at home.

Cancellation Policy

To cancel a spa reservation, contact the spa at least 24 hours in advance of your scheduled treatment time. No-shows and cancellations made with less than 24-hours notice will be charged in full for the scheduled treatments.

Health

A consultation is provided prior to your treatments to inform our spa professionals of any health concerns or current ailments you may be experiencing. We kindly request that you get prior doctor's approval before booking any of our fitness services.

Gift Certificates

Perfect for any occasion, please ask about our gift certificate options.



Price List

Massage Therapies	Member	Guest
30 minutes	70	75
45 minutes	85	90
60 minutes	125	135
75 minutes	140	150
90 minutes	155	165
120 minutes	215	225

Facial Therapies	Member	Guest
30 minutes	70	75
*60 minutes	125	135
*75 minutes	140	150
*90 minutes	155	165

Treatment Enhancements

Nourishing Scalp Treatment	20	25
Replenishing Eye Treatment	15	20
Paraffin Alternative Add On	15	20
Renewal Foot Treatment	20	25
CBD Add On	10	15

**60 and 75 minute Facials include a Foot Paraffin Treatment
90 minute Facials include Hand & Foot Paraffin Treatment*

Be Beautiful Services

	Member	Guest
- Eyebrow Design	20	25
- Upper Lip	20	25
- Chin/Face	25	30
- Underarms	30	35
- Arms	35	40
- Back or Chest	55	60
- Lower or Upper Legs	60	65
- Full Legs	75	80
- Bikini Line	40	45

Nail Therapies

Signature Manicure	50	60
Signature Pedicure	60	70
Express Manicure	30	40
Express Pedicure	40	50

Member**Guest**

Shellac Manicure	50	60
Shellac Removal	10	15
Polish Change	15	20
French Polish	10	15

Youth Services

Youth Facial	70	75
Youth Massage	70	75
Youth Pedicure	30	35
Youth Manicure	25	30

Experiences

Rancharrah Relax	215	225
Mountain Escape	265	275



Kelly Gold, Spa and Fitness Director

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